

# Lifestyle 2022

# Logbook

Making a  
Difference

@HP\_LifestyleYET  
#GoMAD2022

**01472 721264**

[HumbersidePolice.co.uk/Lifestyle](https://www.humbersidepolice.co.uk/Lifestyle)

 [@HP\\_LifestyleYET](https://twitter.com/HP_LifestyleYET)

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# Logbook

**IMPORTANT** – The team members named below are the only ones who will receive certificates and any prizes.

Our team name is:

Our registration number is:

Our team members are: (IN BLOCK CAPITALS)

Only the team members listed here will receive Lifestyle certificates and prizes as a result of your team's work!

- 1 .....
- 2 .....
- 3 .....
- 4 .....
- 5 .....

Team member no.1's school in September is:

Our Adult Adviser is:

Email: (to receive confirmation of receipt of log book)



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Andrew Marr  
International  
Limited



Hull & East Riding  
Charitable Trust



Hull

Clinical Commissioning Group

HUMBERSIDE  
Fire & Rescue Service



Bridgetown  
Systems



East Yorkshire


**BAE SYSTEMS**



Hull  
City Council

And don't forget... hand this logbook to your local police station or post it to: -

Humberside Police Community Engagement Team,  
Grimsby Police Station, Victoria Street, Grimsby, DN31 1PE.



**Stick a photo  
of your team here**

This is our project...

Where did your project idea come from?

What motivated you to do your project?

Did you raise any money?

**Yes No**

If so, in total (before expenditure) how much did you raise?

When did you hand the money over?

Who was it for?

What have your team learnt by doing your Lifestyle project?

**At the end of your project, tell us everything about your Lifestyle experience in around 100 words**

**Does your project relate to a company challenge?**

If so tick a box (you may tick more than one). This helps us to feedback to our sponsors to let them know how successful their challenges have been. A winner from each company challenge is picked on top of all the main prizes and your team may win an extra £10 gift voucher for each member if theirs is chosen!

- Humberside Police Neighbourhood Challenge
- BAE Community Crusader Challenge
- Humberside Fire and Rescue Firefighter Challenge
- Humberside Police Federation Personal Safety Challenge
- Arco Legacy Challenge
- Hull City Council Put a Smile on Someone's Face Challenge
- NHS Hull Clinical Commissioning Group Headstart Challenge
- Smith and Nephew Healthy Lifestyle Challenge
- Safer Roads Humber Safer Roads Challenge

# July



# August

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Once completed take this Logbook to your local Police Station clearly marked "Lifestyle 2022" along with your team name or post it to:

Lifestyle 2022  
Community Engagement Team,  
Grimsby Police Station, Victoria Street,  
Grimsby, DN311PE

All Logbooks must reach us by 28<sup>th</sup> September to be judged!

## Tips for filling in your Logbook...

Remember if your team wants to win one of the fantastic prizes you need to impress the judges with the work you've done! Make your Logbook fun and interesting!

## Tell us in this Logbook...

What you've done and how you've done it.  
About your team meetings and how you planned your project.

If your project was a success and which part of it you enjoyed the most.

About the people that helped your team. Who were they and how did they help?

If things went wrong how did you put them right?

How well your team worked together.

Add drawings and photos, make your Logbook as interesting as possible. If you are renovating an area take before and after photographs if you can, so that we can see what a difference you've made. Put any thank you letters and receipts in your Logbook.

Please note: We need your logbook to be returned by 27<sup>th</sup> September. Don't worry if you are still waiting for receipts or media coverage. You can send these to us once you receive them and we can add them to your Logbook for you.

## Newspaper Contacts

Every summer, hundreds of Lifestylers publicise their project, appeal for help, or reveal their project results in the pages of their local newspaper and online. Don't miss out on the opportunity to make your own headlines!

Give your local paper a call and get the coverage your hard work deserves.

## Newspaper

Advertiser Series  
Beverley Guardian  
Cleethorpes Chronicle  
Bridlington Free Press  
Driffield Times  
Epworth Bells  
GooleTimes  
Grimsby Telegraph  
Holderness Gazette  
Hull Daily Mail  
Pocklington Post  
Petuaria Press  
Scunthorpe Telegraph  
Selby Times  
Yorkshire Post

## Website

[www.hulldailymail.co.uk](http://www.hulldailymail.co.uk)  
[www.beverleyguardian.co.uk](http://www.beverleyguardian.co.uk)  
[www.cleethorpeschronicle.co.uk](http://www.cleethorpeschronicle.co.uk)  
[www.bridlingtonfreepress.co.uk](http://www.bridlingtonfreepress.co.uk)  
[www.driffieldtoday.co.uk](http://www.driffieldtoday.co.uk)  
[www.epworthbells.co.uk](http://www.epworthbells.co.uk)  
[http://gooletimes.info](http://http://gooletimes.info)  
[www.grimsbytelegraph.co.uk](http://www.grimsbytelegraph.co.uk)  
[www.holderness-gazette.co.uk](http://www.holderness-gazette.co.uk)  
[www.hulldailymail.co.uk](http://www.hulldailymail.co.uk)  
[www.pocklingtonpost.co.uk](http://www.pocklingtonpost.co.uk)  
[e: news@petuariapress.co.uk](mailto:news@petuariapress.co.uk)  
[www.scunthorpetelegraph.co.uk](http://www.scunthorpetelegraph.co.uk)  
[http://selbytimes.info](http://http://selbytimes.info)  
[www.yorkshirepost.co.uk](http://www.yorkshirepost.co.uk)

## Number

01482 327111  
01723 860178  
01472 204020  
01723 860178  
01723 860179  
01302 348502  
01405 720110  
01472 360360  
01964 611589  
01482 327111  
01723 860177  
01482 665600  
01724 273273  
01757 291087  
01482 382830

## Don't forget!

BBC Radio Humberside  
KCFM  
Lincs FM  
Viking FM

[www.bbc.co.uk](http://www.bbc.co.uk)  
[www.kcfm.co.uk](http://www.kcfm.co.uk)  
[www.lincsfm.co.uk](http://www.lincsfm.co.uk)  
[www.vikingfm.co.uk](http://www.vikingfm.co.uk)

01482 323232  
01482 333999  
01522 549977  
01482 325141

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#GoMAD2022

# Lifestyle 2022 Team Questionnaire

Do you think your neighbourhood feels like a safer place to live following your Lifestyle project?

**Yes**   **No**

If you had not spent your time on your Lifestyle project, what else would you have been doing? (Please give details)

Following your Lifestyle project does your team feel that each of you have...

**Yes**   **No**

(Tick boxes yes/no after each question)

More confidence?

Learnt new skills?

Worked together as a team?

Overcome any problems you've had?

Have you used social media or other methods to promote your Lifestyle project?

**Yes**   **No**

Tell us of any issues your team has had to overcome during your project.

How has your project made a difference to your community?

Any other feedback or comments you would like to add?

# Lifestyle 2022

## Adult Advisor Questionnaire

**This is the only section of the Logbook you complete - the rest is down to the team!**

As a result of the team's Lifestyle project, please tell us if you have seen improvements in the following areas:

	Greatly Improved	Improved	No Change
Confidence	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Teamwork	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
Communication	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>

Did your team experience any issues whilst doing their Lifestyle project? If so, how did they overcome them?

In your own words, how has Lifestyle made a difference to your team and your community?

How do your team feel about the benefits of volunteering their own time to help their community?

Are there any other projects you would like to see Humberside Police get involved in or create?

Any other feedback you would like to add?





Date:     /     /2022

Lined writing area for recording notes.

## Hours worked each today:

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

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Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total



Date:     /     /2022

Lined writing area for recording notes.

# Hours worked each today:

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Member 5

Team Total

A Community  
Partnership With

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Date:     /     /2022

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Member 5

Team Total



Date:     /     /2022

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Member 5

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A Community  
Partnership With



Date:     /     /2022

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**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total



Date:     /     /2022

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## Hours worked each today:

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Member 2

Member 3

Member 4

Member 5

Team Total

A Community  
Partnership With

**arco**<sup>®</sup>

Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total





Date:     /     /2022

A large area of horizontal dotted lines for writing notes or observations.

## Hours worked each today:

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

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Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total



Date:     /     /2022

Lined writing area for recording notes or observations.

## Hours worked each today:

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

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Date:    /    /2022

Lined area for notes or observations.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total



Date:     /     /2022

Lined writing area for recording notes.

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Team Total

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Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total



Date:     /     /2022

Lined writing area for recording notes or observations.

## Hours worked each today:

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

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Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total





Date:     /     /2022

Lined writing area for recording hours worked.

## Hours worked each today:

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

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Date:     /     /2022

Lined writing area for notes.

**Hours worked each today:**

Member 1

Member 2

Member 3

Member 4

Member 5

Team Total

# Humberside Police & Partner Agencies Consultation Events

## Registration Form

Humberside Police are looking for your help.

We wish to launch a series of consultation events for young people, where you will be asked to participate and give your thoughts on a number of topics to help shape the way we do things in the future. The events will be group based and interactive.

Where possible we will look to reward your time and efforts and we will provide you with information on the incentives at the time we launch a new consultation phase.

If you would be happy to be contacted in relation to these events then provide your details and a parent/guardians permission below then return the form to a member of the team or post to: Community Safety Unit, Cromwell Road Police Station, Grimsby, DN31 2BN

Name:

Date of Birth:

Address:

Parent / Guardian's Name:

Contact Number:

Email:

## Declaration

I hereby give permission for the above named child to be contacted and involved in relation to Humberside Police consultation events. I understand that transport is not provided to or from the venue and that arrangement of this is the responsibility of the parent/guardian to organise and pay for.

Signed:

Date:

If more than one member of the team wishes to take part in these consultation events please contact the Youth Engagement Team on 01472 721264 or email [Lifestyle@humberside.pnn.police.uk](mailto:Lifestyle@humberside.pnn.police.uk) for further forms



If you finish this Logbook call the Lifestyle team on **01472 721264**

Follow us on Twitter @HP\_LifestyleYET and Facebook  
Humberside Police Youth Engagement @HPYouthEngagementTeam



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